



May 28, 2013

# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>



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**ASC Participates in Midwest Small Business Government Contracting Symposium:** The Army Sustainment Command played a big role in the 2013 Midwest Small Business Government Contracting Symposium, highlighting how small businesses can partner with ASC to achieve common goals. The event was held at iWireless Center here May 22-23. Following the opening ceremony, Brig. Gen. John Wharton, commanding general, Army

Sustainment Command, provided an overview of ASC, Army Materiel Command (ASC's higher headquarters) and discussed "Sustaining the Decisive Edge for the Army and Joint Force 2020." Also on the agenda for Day 1 was Michael Hutchison, deputy to the Commanding General, Army Contracting Command, who discussed "Army Contracting Command Looking Forward: Providing Premier Contracting Support to America's Warfighters."

Day 2 featured ASC "meat and potatoes" topics, including: Enhanced Army Global Logistics Enterprise (EAGLE), Directorates of Logistics (DOL), and Logistics Civil Augmentation Program (LOGCAP) updates. In the morning session D. Scott Welker, ASC deputy to the commander, teamed up with Col. Dan Reilly, director,

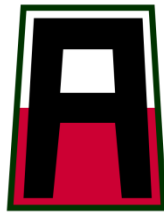


"HOME OF US ARMY LOGISTICS"

installation logistics, Hutchison, and Melanie Johnson, director for field support contracting, to provide ASC EAGLE and DOL advance planning briefings for industry. ([More](#))

## **First Army Works to Build Relationship With Faith Community:**

First Army invited local religious leaders to its headquarters at the Rock Island Arsenal on Thursday to build a relationship between soldiers and the faith community. Approximately 15 people attended the "Building Bridges for Resiliency" event, where Maj. Gen. Kendall Penn gave opening remarks and discussed the goals of the program. ([More](#))



## **Rain Pauses Monday Morning for Arsenal Ceremony:**

Amid a weekend of heavy rains and thunderstorms, the Memorial Day ceremony at the Rock Island National Cemetery Monday morning was mostly dry. About 150 people attended the ceremony at the cemetery at the Rock Island Arsenal that honored



fallen military members and those who serve or have served. U.S. Reps. Cheri Bustos, D-East Moline, and Dave Loebsack, D-Mount Vernon, gave speeches honoring military men and women for their service. Retired Command Sgt. Maj. Stephen D. Blake, in his keynote address, thanked those who had sacrificed their lives. ([More](#))

## **Sequester Furlough Duration, Impact Focus of IMCOM Town Hall:**

Senior leaders at the U.S. Army Installation Management Command headquarters addressed the issue of an 11-day furlough for civilian personnel at their town hall meeting in the Fort Sam Houston Theatre. Lt. Gen. Mike Ferriter, IMCOM commander, and IMCOM Command Sgt. Maj. Earl Rice explained the effect of this action on employees throughout the installation management community and offered a look ahead as we close out this fiscal year and look to the next. ([More](#))



## **DOD Lists Furlough Exceptions:**

Following is the portion of a recent DoD memo on its upcoming furloughs of civilian employees that explains policies on exceptions. This attachment provides

# Upcoming Dates

**May 21:** RIAWC Golf Tournament [📅](#)

**May 21-22:** USAG-RIA Motorcycle Basic Rider Course [📅](#)

**May 21-23:** Small Business Symposium / Industry Day [📅](#)

**May 23:** Rock Island National Cemetery Flag Placement [📅](#)

**May 23:** USAG-RIA Experienced Rider Course [📅](#)

**May 24:** MWR Spring Golf Scramble

**May 25:** Quad City Raiders' Service Member Appreciation Day [📅](#)

**May 27:** Memorial Day (*Federal Holiday*)

**May 27:** Survivor Outreach Services Memorial Day

**May 27:** Rock Island National Cemetery Memorial Day Ceremony [📅](#)

**June 11:** USAG-RIA Assumption of Command

**June 11-13:** DA Photo Studio Availability

**June 12:** USAG-RIA Safety Day

**June 15:** Quad Cities Military Salute Gala [📅](#)

**June 15:** Pioneer River Days @ COL Davenport House [📅](#)

**June 18:** USAG-RIA Town Hall

**June 24-28:** USAG-RIA Joint Services Installation Vulnerability Assessment (JSIVA)

**June 27:** RIA 3<sup>rd</sup> QTR Retirement, Retreat & Award Ceremony

**July 2:** JMC Change of Command Ceremony

**July 3:** Red, White & Boom [📅](#)

**July 4:** Independence Day (*Federal Holiday*)

**July 11:** JMTC Change of Command Ceremony

**July 9-11:** DA Photo Studio Availability

**July 16-18:** USAG-RIA Motorcycle Experienced Rider Course [📅](#)

**July 26:** RIA AUSA 2013 Golf Outing & Steak Fry

**Aug. 6-8:** DA Photo Studio Availability

**Aug. 9:** First Army Organization Day (T)

**Aug. 12-16:** CBWTU Muster Week

**Aug. 12-16:** HQ JMC TA4C (T)



Components with final dispositions on categorical exceptions to the Department of Defense (DoD) plan to furlough civilian employees for a maximum of 88 hours or 11 discontinuous workdays because of the current financial crisis caused by a sequestration for Fiscal Year (FY) 2013, increased costs for ongoing Overseas Contingency Operations, and other emerging requirements. ([More](#))

### **Pentagon Seeks Only Minor Changes:**

In its annual request for policy changes sent to Congress, the Pentagon has asked for only relatively minor revisions affecting civilian personnel policies. It is seeking language to: extend standard whistleblower protections to employees of self-funding "nonappropriated fund" operations; extend by four years through fiscal 2018 the authority to pay lump-sum payments for employees separated by RIF as lump-sums rather than in biweekly installments if the employee chooses; and similarly extend its authority to allow employees who would not be reached in a RIF to volunteer to be separated and gain the various benefits



applying in to those who are RIF'd. ([More](#))

### **GAO: DOD Fails to Fully Account for Contractors Performing Inherently Governmental Functions:**

The Government Accountability Office says a haphazard Defense Department review of nearly \$200 billion of annual contracted services makes it impossible to determine whether corrective actions were taken in cases where contractors were doing work government employees should be performing. To correct the problem, the GAO recommended in its report that the defense secretary direct the leaders of all military components to include all the required elements in their letters and certify the methodology and results of their contracted services inventory review. ([More](#))



### **Obama Announces Pick for New OPM**

**Director:** President Obama plans to nominate Katherine Archuleta to be the next director of the Office of



Personnel Management. Archuleta, who has previously served as the national political director for Obama's re-election campaign and chief of staff at the Labor Department, would be the first Latina to head the agency if confirmed. ([More](#))

### **TSP Investment Fund Again to Be Used for Debt Ceiling Relief:**

The government once again plans to resort to a financial maneuver involving federal employee retirement savings pending an increase in the national debt limit. The Treasury Department has notified Congress and the Thrift Savings Plan that because a temporary suspension of the debt limit has now expired, it expects to take actions it has used in the past, including "disinvesting" the TSP's government securities fund, or G Fund. ([More](#))



### **How to Replace Your or a Relative's Military Medals:**

On Memorial Day, we honor those who died while serving in the United States military. Some of the service medals they earned have also been lost over the years. But those decorations do not have to be lost forever — it is possible to have them





replaced by following a few steps. Depending on the veteran's branch of service, how long ago he or she served and the exact relationship of the requester to the veteran, there are different procedures for getting service records and replacement decorations. ([More](#))

## **Power Outages for Buildings 350 & 351, Sunday, June 2, 6 a.m. – 3 p.m.:**

Public Works will be conducting power outages on the following dates and times in locations: Buildings 350 & 351 – The outage will take place Sunday, **June 2**, at 6 a.m., expected duration is nine hours. The purpose of this outage is to perform annual maintenance procedures on the electrical switch gear, installation of a fire suppression system in the telephone and network areas, and installation of a new UPS system.



## **USO Inaugural Bottled Water**

**Donation Drive:** In honor of Military Appreciation Month the Davenport Fire Department is now accepting cases of bottled water during the month of May. You can drop off bottled water at any



Davenport Fire Department Monday – Friday, 9 a.m. – 4:30 p.m. Water will be used at the USO Center as well as programs and events supporting our local military.

## **Arsenal Attic Thrift Shop &**

**Boutique:** Arsenal Attic open Tuesdays and Thursdays, 9 a.m. – 3 p.m. Parking is limited right now but still available for shoppers and consignors. Open Saturday, **June 1**. New bedroom furniture just in. Hope to see you at the Attic. POC: (309) 782-6977

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room

(First Floor, Bldg. 60), on **Friday, June 14, 10 a.m. – 12 p.m.** If you

would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on May 31**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on July 19**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors



should contact their shift supervisor. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



**Charlie Corpuscle Says,** "We will have a drawing for a red Mississippi Valley Regional Blood Center polo.

Any donors giving on the Arsenal during the month of May will be included in the drawing. Winner will be allowed to specify their size preference."



**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

## **VIOS Schedule for June, July and**

**August:** Official DA Studio

Photography (DA, government passport and command photos) will be offered at Rock Island Arsenal **June 11, 12 and 13; July 9, 10, and 11; and Aug. 6, 7, and 8**. Appointments may be scheduled online by submitting a DA3903 Work Request Using the [Visual Information Ordering Site](#) for these available times: Tuesday, **June 11, July 9, and Aug. 6**, 7 a.m. – 3:40 p.m.; Wednesday, **June 12,**



**July 10**, and **Aug. 7**, 7 a.m. – 3:40 p.m.; and Thursday, **June 13, July 11**, and **Aug. 8**, 7 a.m. – 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule a passport photo appointment at the [RIA VIOS website](#). 2. Go to Transportation to obtain a printed DA form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA3903 form to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website FAQ](#).

**2013 WID Golf Tournament:** Women In Defense 12<sup>th</sup> Annual Golf Outing: Friday, **Aug. 2**, at Glynn's Creek Golf

Course. \$65 per person/WID members \$60 per person. (Includes greens, cart, continental breakfast, lunch, beverages and prizes) Registration/payment due by **July 19**. ([Flyer](#))

### **Review Your Official Personnel Folder Before June 1:**

The CPAC reminds Arsenal Island employees that there is a need for you to access your eOPF (electronic Official Personnel Folder) record in order to ensure your records are correct and complete in advance of the destruction of the hard-copy OPF, currently scheduled for June 1. Effective Oct. 31, employees should have had access to their Official Personnel Folder electronically. Please review the information and follow the instructions to gain access to view your eOPF in the links at the end of this announcement, which link to a packet that also contains a welcome letter for new eOPF users, a screen-shot guide to access, FAQs as well as password reset information. For questions or concerns with the eOPF system, please contact eOPF by calling the Help Desk at 1-866-275-8518 or by contacting them via email at [eOPF\\_hd@telesishq.com](mailto:eOPF_hd@telesishq.com). ([eOPF](#)



[Welcome Letter & Packet](#)) ([Additional information on eOPF](#))

### **Arsenal Island Employee Local**

**Discounts:** *The following discounts are exclusively available to Arsenal Island employees –*

**Bennigan's Rock Island:** Arsenal employees, service men, service women you are always welcome at

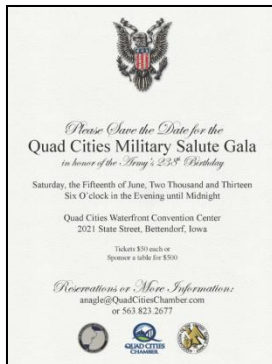
Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time (☺). **Pepperjack's Restaurant & Lounge in Davenport:** Rock Island Arsenal employees receive 20 percent off their Pepperjack's entrée when they present their Arsenal identification card (one discount per ID) (☺). **New Life Chiropractic Clinic:** Arsenal Island employees, we're offering you a 20 percent discount on our services (☺).

**Goebel Family Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit (☺). **Big Mouthz BBQ:** We're offering all public



employees (city, county, state, and federal) \$1 off their order every Monday (📅). **Massages By Kim:** For the month of May, in honor of Military Appreciation Month, Massages By Kim is offering 10 percent off to all military and military families (with valid id) for an hour massage. Appointments can be made [online](#), where you can indicate that you're military when scheduling the appointment online in the "Note to Provider" section (📅). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

**Quad Cities Military Salute Gala: Honoring Those Who Serve:** For all that sequestration has been charged with lately, one consequence is surely an opportunity for the Quad-Cities. Because of budget issues, the Army Birthday Ball that celebrates the rich heritage of our Army has been cancelled at the national level and at the Rock Island Arsenal as well. The Rock Island Arsenal Chapter of the



Association of the United States Army has long supported this event and saw an opportunity to partner with the Quad-City Chamber of Commerce to allow the community to host the Quad-Cities Military Salute Gala honoring the 238<sup>th</sup> birthday of the United States Army. The event will be held on **June 15** at the Q-C Waterfront Convention Center in Bettendorf. ([More](#)) ([For more information and to R.S.V.P. by June 1](#))

## **RIA AUSA 2013 Golf Outing & Steak Fry:**

The Rock Island Arsenal Chapter of the AUSA will hold its 14<sup>th</sup> Annual Golf Outing & Steak Fry on Friday, **July 26**, at the beautiful Arsenal Island Golf Course. Players ... hurry and [register for this event](#). Only the first 40 teams will play! AUSA is a 501(c)(3) non-profit educational organization that supports America's Army – Active, National Guard, Reserve, Civilians, Retirees, Government Civilians, Wounded Warriors, Veterans, and their family members. Proceeds from this event are used to fund all of our Chapter activities including our Soldier & Family Support programs, wounded warrior programs, veteran support initiatives, the



USO/AUSA Emergency Relief Grant Program & the RIA AUSA Scholarship program. For thirty years, our Chapter has supported initiatives to strengthen the viability of the Arsenal, aide MWR & ACS programs, sponsor veteran support programs and we have contributed more than \$125,000 in the last two years for Soldier and Family needs. ([More](#))

## **Arsenal Traffic/Construction**

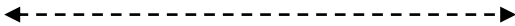
**Closure at North Ave. & Gillespie Street:** Phase 3 of the North Avenue project started May 6. Phase 3 consists of storm sewer and paving work at the intersection of North and Gillespie. The completion of Phase 3 will require **30 to 45 days of good weather**. Barricades and signs will be installed and traffic will be routed in accordance with the detour map attached with both inbound and outbound traffic directions (North Avenue Project Phase 3 Inbound-outbound). DPW POCs are Joe Gumpert, (309) 782-1389; and Mike Panilo, (309) 782-6004.



## Building/Space Closures



*There are no announcements this week for Building/Space Closures.*



## Active Duty/Reserve Zone

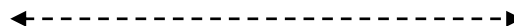


**Army's 2014 Modernization Plan Prioritizes Soldiers in Fight:** The Army's fiscal year 2014 Equipment Modernization Plan, now working its way through Congress, prioritizes equipping warfighters in Afghanistan while simultaneously preparing for an uncertain future. Programs in the modernization strategy are grouped within ten "portfolios," but some of those programs the Army has called out as being priorities for the service. ([More](#))

**Family Museum to Participate in Blue Star Museums:** The Family Museum announced the launch of Blue Star Museums, a collaboration among the National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 1,800 museums across America to offer free admission to all active duty military personnel and their families from Memorial Day

through Labor Day 2013. Leadership support has been provided by MetLife Foundation through Blue Star Families. The complete list of participating museums is available at [www.arts.gov/bluestarmuseums](http://www.arts.gov/bluestarmuseums). "Blue Star Museums is a collaboration between the arts and military communities," said NEA Acting Chairman Joan Shigekawa. "Our work with Blue Star Families and with more than 1,800 museums ensures that we can reach out to military families and thank them for their service and sacrifice." ([More](#))

**Active Duty Caddie Program at John Deere Classic:** The PGA Tour will once again be sponsoring the Active Duty Caddie Program, for the John Deere Classic, on Wednesday, **July 10**. The PGA is looking for 20 active duty military to participate in the ADCP. The participants will be on-site all morning and will have the opportunity to walk inside the ropes, caddie for, and interact with PGA Tour players. This is open to all branches of the service. Those wanting to participate must have their supervisor's permission for this duty time event. The point of contact for the Caddie Program is [Marc Raiken](#), (904) 543-5112 or (201) 919-6070.



## Safety Spotlight



**Hagel Stresses Summer Safety in Message to Department:** Defense Secretary Chuck Hagel today urged service members, civilian employees and their families to enjoy the upcoming summer, but to do so safely. In a message to all Defense Department activities, Hagel emphasized the need to make good decisions during a time of year that resulted in more than 80 percent of the department's noncombat deaths in 2012. ([More](#))

**Safety Awareness Day:** To better promote Safety Awareness among our Soldiers, civilians and Families, the Rock Island Arsenal Garrison is hosting a "Safety Awareness Day" on Thursday, **June 12**, 10:30 a.m. - 1 p.m., Bldg. 60, in Heritage Hall. Please join us for safety information dealing with fire safety, car seat installation checks, boating safety, cell phone distraction awareness safety displays, alcohol impairment activities, traffic safety, and information on how the Red Cross responds to natural disasters. The feature demonstration will include the *Save a Life Tour* –



**Safety matters**





*Interactive Drinking and Driving Simulator*, which is a realistic, sober perspective on the effects of driving while intoxicated. All are welcome. For more information call (309) 782-1380.

**Motorcycle Safety Course:** The USAG-RIA Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on **July 16-18** and **Sept. 17-19**. Registration for all courses is through the web-based AIRS system at <https://apps.imcom.army.mil/AIRS>. For

further information, please contact [Michael Chaplin](#), IMRI-SO, at (309) 782-2314/1380, or [Nancy Carlson](#), IMRI-SO, at (309) 782-2309.

**Headphone/Earphone Use Prohibited on Arsenal Island:** The use of headphones or earphones while walking, jogging, skating, and bicycling, including pocket bike, motorcycle or moped on Army installation roads and streets, is prohibited.



Reference: [AR 385-10, The Army Safety Program, Chapter 6, para 5](#). Public, Family, and recreational safety programs are an essential part of the Army Safety Program that must continually heighten accident prevention awareness during all on-duty and off-duty recreational programs for Soldiers, Army Civilians, and their Families. Sports and recreational activities continue to rank high as a major cause of accidental injury.

## Equal Opportunity Focus

**Asian Pacific American Heritage Month:** The month of May is recognized as the Asian Pacific

American Heritage Month. This month was chosen to commemorate the immigration of the first Japanese to the United States on May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad by a majority of Chinese immigrants on May 10, 1869. This year's theme, Building Leadership: Embracing Cultural Values and Inclusion, acknowledges all that the U.S. Army has gained from the Asian and Pacific Americans and communities and how the nation has been strengthened and enriched by embracing their cultural diversity. ([More](#))

## Morale, Welfare & Recreation (MWR)

Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

**MWR Annual Yard Sale:** Held at Memorial Field, this annual event, this year slated for Saturday, **June 1**, 8 a.m. - 2 p.m., is a great place to get rid of some of your old stuff (and acquire some more to fill its place). Cost is \$5/table





and this event is open to the public. Call (309) 782-5890 for more info and to reserve your table space. ([Flyer](#))

**Beer Pairing Dinner at the Arsenal Island Golf Clubhouse:** Enjoy seven courses of delicious food perfectly paired with seven craft microbrews from Schlafly Brewery on Friday, June 21, at 7 p.m. Cost is \$50/person and includes a souvenir Schlafly glass that's yours to keep. Call (309) 782-4372 for more info and to reserve your table. ([Food/Beer Menu & Flyer](#))

## MWR Leisure Travel Office

**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

**Mount Olympus Waterpark:** One of the world's largest wave pools, some of the fastest rivers and steepest slides make Mount Olympus is the best attraction for outdoor summer time fun. Wristbands on sale for \$28, a \$11.99 savings.

**Menopause The Musical:** It is a celebration of women, so bring the girls and laugh out loud about our "silent

passage." Bring your guy, too. See what millions worldwide have been laughing about for more than 10 years! Rated PG-13 for adult content and language. Tickets on sale until **June 29**. \$43.50 a ticket.  
Date: **Saturday, July 13**  
Time: **5:45 p.m.**

**Heartland Jam 2013:** Leisure Travel will be selling one or two day passes to the Heartland Jam. This two day event will feature Phil Vassar, Kellie Pickler, Darius Rucker, Jerrod Niemann, Lauren Alaina, Rodney Atkins and many more performers. Discounted tickets on sale until **June 29**. One-day ticket = \$44, two-day ticket = \$54.  
Date: **Friday, July 19**  
Time: **1 p.m.**

**Ringling Bros Barnum & Bailey Presents – DRAGONS:** For the first time in circus history, myth and majesty will share the arena during this must-see family event that can only be witnessed at The Greatest Show On Earth®! Experience circus spectacles so incredible that once again you will believe in the unbelievable! Contact LTO for dates and discounted prices (309) 782-5890.  
Date: **Aug. 30 - Sept. 2**  
Time: **Varied**

**Disney Junior Live:** Producers of Disney On Ice and Disney Live!, is taking top performing cable TV series for preschoolers to the stage in Disney Junior Live On Tour! – Pirate and Princess Adventure. Featuring characters from the smash hits Sofia the First and Jake and the Never Land Pirates. \$20 lower and \$14 upper bowl.  
Date: **Friday, Oct. 18**  
Time: **6:30 p.m.**

**Outdoor Recreation Summer Entrance:** Effective May 20, Outdoor Recreation Patrons were asked to use the back entrance of Bldg. 333 for equipment pickups and returns. This will make it easier for patrons to load and unload equipment from their vehicles. For more information please phone x-8630.

**Six Flags Great America:** Thrill-seekers are sure to enjoy one of our amazing roller coasters. We have a variety of out-of-this-world coasters, including Viper, Batman The Ride and Raging Bull, the world's first hyper-twister coaster. In total, the park has nearly seven miles of thrilling coaster track. Discounted tickets adult/child \$36.



**Six Flags Saint Louis:** An amazing theme park featuring awesome rides, great shows, and incredible attractions, plus Hurricane Harbor water park. Discounted one-day admission tickets for adults/children \$36.

**Adventureland Park:** Adventureland Amusement Park contains more than 100 rides, shows, and attractions including some of the country's most exciting roller coasters and thrill rides that can challenge the most avid amusement park enthusiasts. There are also plenty of rides for less adventurous guests as well as a full complement of children's rides. Discounted tickets \$30.

**Movie Night Gift Cards at Leisure Travel:** Stop by the Leisure Travel Office and pick up a gift card for \$27 that is redeemable at the Regal Moline Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. ([Flyer](#))

## Child, Youth & School Services

**Army Certified Family Child Care Provider:** Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing childcare out of your home with access to our lending closet for borrowing supplies, as well as certified training provided through the Arsenal. For questions or more details contact our FCC director Nancy Lawson at (309) 782-0813.

## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412

**Army Community Service Army Family Team Building:** AFTB will offer Leadership Development classes including: Examining Your Leadership

Style, Effective Communication for Leaders, Developing Great Meetings, Establishing Team Dynamics, Resolving Conflict, Supporting Others through Coaching and Mentoring, and more. Classes will be held on **June 5-6**, 8:30 a.m. - 2:30 p.m. at Army Community Service, Bldg. 110, 1<sup>st</sup> Floor, SE. To register for these free classes, please call ACS at (309) 782-0829. Civilians can also sign up on [TEDs](#).

## Employee Assistance Program

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.

**Children's Mental Health Awareness – May 2013:** Suicide among youth is a reality, and it is more common than



we might think. Suicide is the third leading cause of death among 15 to 24 year olds, claiming more lives than any single disease or condition. Fortunately, the emotional crises that so often precede suicides are both recognizable and treatable, and good prevention tools can help parents identify a problem before it's too late. In honor of National Children's Mental Health Awareness Week that took place May 5 -11, the Rock Island Arsenal Employee Assistance Program invites you to take advantage of the free and confidential counseling services that the program has to offer. Schedule an appointment with an EAP counselor by calling (309) 782-4357. Master-level counselors can provide information, short-term counseling, and referral services. The teenage years can be tumultuous – new relationships, decisions about the future, and even physical changes can be difficult to handle. If you have any concerns about your child's mental health, talk it over with a trained professional at the EAP. Warning signs of suicide: Call 9-1-1 or seek immediate help from a mental health provider if you notice the following: • Someone threatening to hurt or kill him/herself, or talking of wanting to hurt or kill him/herself; • Someone looking for ways to kill him/herself by seeking

access to firearms, available pills, or other means. Seek help by contacting a mental health professional or calling 1-800-273-TALK for a referral should you notice anyone exhibiting one or more of the following: • Hopelessness; • Rage, uncontrolled anger, seeking revenge; • Acting reckless or engaging in risky activities, seemingly without thinking; • Feeling trapped - like there's no way out; • Increased alcohol or drug use; • Withdrawing from friends, family and society; • Anxiety, agitation, inability to sleep or sleeping all the time; • Dramatic mood changes; • Excessive interest, talk, or writings focused on death, dying or suicide; • No reason for living; no sense of purpose in life.

### **National Men's Health Month – June**

**2013:** The month of June is designated as National Men's Health Month. The purpose of this campaign is to heighten awareness of preventable health problems and encourage early detection and treatment of disease among men. If you are like many men, you may drink alcohol occasionally. Or, like others, you may drink moderate amounts of alcohol on a regular basis.



But did you know that drinking more than the moderate levels -even occasionally- may put you at risk for serious health problems? Although alcohol affects everyone differently, excessive drinking can negatively affect a man's health regardless of age, race, marital status, income level, profession, or lifestyle. Common medical problems that can be caused by excessive drinking include heart disease, arthritis, liver cirrhosis, high blood pressure and various cancers. In support of National Men's Health Month, the Rock Island Arsenal Employee Assistance Program invites you to take advantage of the free and confidential counseling services that the program has to offer. Schedule an appointment with an EAP counselor by calling (309) 782-4357. Master-level counselors can provide information, short-term counseling, and referral services. If you have any concerns about your alcohol use or mental health, talk it over with a trained professional at the EAP.

**PTSD Support Groups:** You don't have to go through this alone. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact





Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Understanding PTSD:** The RIA EAP is offering educational classes on Post-Traumatic Stress Disorder. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **June 25, July 23, and Aug. 27.** Call (309) 782-4357 to enroll.

**Smoking Cessation Group:** Summer is right around the corner. What better time to kick the habit. The Employee Assistance Program offers an educational support group for people who would like to quit smoking. The group meets each Wednesday, 3-4 p.m., at the EAP office in Bldg. 56, 1<sup>st</sup> floor.

**Stress Management:** The Rock Island Arsenal EAP is offering classes on Stress Management. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **June 11, July 9, and Aug. 13.** Class size is limited. Call (309) 782-4357 to enroll.

**Grief Support Group:** The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group will meet on Tuesdays, 3-4 p.m., in Bldg. 56, 1<sup>st</sup> floor, Room 122. For

more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

## Education/Training Review



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

### **Service Members Invited to Take the Kuder Journey – Explore Interests, Skills, Work Values:**

Kuder Journey is a fun and convenient career transition assessment system. It was specifically designed for the U.S. Military and is designed to assist Service Members in quickly and accurately defining their interests, skills and work values. It is a valuable tool in building a personal career plan, exploring occupational information and planning for future success. Kuder Journey is free for service members, and registration is easy. Visit [www.dantes.kuder.com](http://www.dantes.kuder.com) to register. GoArmyEd users are encouraged to upload their Kuder search results to their GoArmyEd account e-file. For more information, contact the

Army Education Center. POC [Stephanie Allers](#), (309) 782-2065.

## Commissary / Exchange



**The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only, with the exception of select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))**

**Military Commissaries to Close One Day Per Week:** Military commissaries will handle Defense Department furloughs by closing for one day a week, the Defense Commissary Agency said. Most commissaries will close on Mondays up to 11 times between July 8 and Sept. 30. The additional closure of



one day per week will be in addition to any days stores normally are closed. That means that the 148 commissaries that routinely close on Mondays will also close the next normal day of operation, DCA said. "We know that any disruption in commissary operations will impact our patrons," said DCA Director and CEO Joseph H. Jeu. "Also, we understand the tremendous burden this places on our employees, who, when furloughed, will lose 20 percent of their pay." Furlough notices are slated for delivery to DCA employees between May 28 and June 5. Jeu said the agency determined that Monday closures "would present the least pain" for employees, customers and suppliers. DCA operates 247 commissaries with more than 16,000 employees in 13 countries and two U.S. territories. The furloughs will affect all of the agency's 14,000 U.S. civilian employees. ([More](#))

### Arsenal Archive

Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday

after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

#### Rock Island Arsenal Historical Society Meeting:

Members from the Louisa County Historical Society will speak about the Six Littleton Brothers-- All Casualties of the Civil War. If you join us for dinner, advanced reservations must be made with Linda at (563) 355-6165, by **June 3**. The 7 p.m. program is free and open to the public.

Date: **Thursday, June 6**

Time: **6 p.m. Dinner, and 7 p.m.**

**Speaker**

#### Pioneer Living Day at the Colonel Davenport House:

The Colonel Davenport House, located on the North end of Arsenal Island, is stepping back in time for Pioneer Living Day on **Saturday, June 15**. Be a part of history from George Davenport's time 1-4 p.m. with guided tours of the house, and outside in the yard see log raft demonstrations, black-powder gun demonstrations, children's games, pioneer crafts, a doll quilt display, and many re-enactors to take a picture with you. Pioneer Living Day is included with regular admission to the house: \$5



adults; \$3 seniors/students/active military; \$10 family. For more information, visit their website at [www.davenporthouse.org](http://www.davenporthouse.org).

#### This Week in Rock Island Arsenal History – May 27–June 2:

On June 1, 1919, the enlarged hydro-electric power plant began operations. On June 1, 1942, construction of a new assembly shop (Bldg. 208) had begun. In June 1876, the construction of Shop A (Bldg. 102) was completed. On June 3, 1899, the Tri-City Railway Co. was granted a license to extend their single track street car tracks onto Arsenal grounds.

### Healthbeat

#### OPM Stresses Treatments for

**Obesity:** OPM has told FEHB carriers to bring their coverage for obesity treatments in line with the most recent medical research, the latest in an ongoing series of steps aimed at reducing the health risks associated with obesity. OPM noted that it previously has emphasized diet, exercise and nutrition programs as well as coverage for certain drugs. The new letter notes the connection between obesity and various health conditions -- diabetes in particular -- and cites developments in

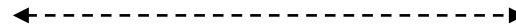


the area of bariatric surgery. It said the latest standards "strongly support" authorizing such surgery for patients with certain body mass index ratios, varying according to whether the individual also has obesity related health conditions. It told plans to clearly state their requirements for authorizing such surgery, including any waiting periods, and recommended that they refer enrollees who qualify to certain specialized centers accredited by the government. In addition, it encouraged plans to refer enrollees who do not meet standard criteria to participate in clinical trials. ([More](#))

**Slop! Slap!® and Wrap:** Memorial Day is the unofficial start of summer and lots of outdoor activities. The American Cancer Society's awareness campaign for skin cancer prevention promotes the slogan "Slip! Slop! Slap! and Wrap" which is a catch phrase that reminds people of the 4 key ways they can protect themselves from UV radiation: • Slip on a shirt • Slop on sunscreen • Slap on a hat • Wrap on sunglasses to protect your eyes and sensitive skin around them. [You can find more tips on sun safety here.](#)

**Health Clinic Announcement:** Sick Call hours 7-8 a.m. Clinic closed Staff

Meeting/Training **May 31** at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.



## Notes for Veterans



### **Pentagon Goes It Alone On Electronic Health Records:**

The Defense Department is abandoning its plans to build a single, joint electronic health record system with the Veterans Affairs Department in favor of developing its own system using commercial software. Defense Secretary Chuck Hagel's decision follows a 30-day review of the Integrated Electronic Health Record program, an initiative that was supposed to be a change of course from past projects that sought to modernize the departments' separate systems. During a Pentagon press briefing Wednesday, Defense acquisition chief Frank Kendall said the department's core system will be based on commercial software and common standards, which will ensure the new system can communicate with VA's electronic health record system and those of other healthcare providers. ([More](#))

### **VA and Veterans Service Organizations Announce Claims**

### **Initiative to Reduce Claims Backlog:**

The Department of Veterans Affairs (VA), Disabled American Veterans (DAV), and The American Legion announced a new partnership to help reduce the compensation claims backlog for Veterans. The effort—the Fully Developed Claims (FDC) Community of Practice—is a key part of VA's overall transformation plan to end the backlog in 2015 and process claims within 125 days at 98% accuracy. VA can process FDCs in half the time it takes for a traditionally filed claim. "VA prides itself on our ongoing partnership with organizations that represent Veterans throughout the claims process," said Undersecretary for Benefits Allison A. Hickey. "A Fully Developed Claim is the most effective way to ensure a Veteran's claim never reaches the backlog—and is the basis for this new initiative between VA and what we expect will be an ever-increasing number of Veterans Service Organizations (VSOs) and others who represent Veterans at various points of the claims process." ([More](#))

### **VA, DOD and HHS Partner to Expand Access to Mental Health Services for Veterans, Service**

**Members and Families:** The Departments of Veterans Affairs (VA),





Defense (DoD) and Health and Human Services (HHS) announced the progress made to date on initiatives called for in President Obama's August 31, 2012, Executive Order to Improve Access to Mental Health Services for Veterans, Service Members, and their families. "We have made strong progress to expand Veterans' access to quality mental health services, and President Obama has challenged us to do even more," said Secretary of Veterans Affairs Eric K. Shinseki. "Our ongoing, joint efforts reflect our commitment to the health and well-being of the men and women who have served the Nation." "One of the great challenges we face as a nation is how to provide quality, accessible, long term, mental health care for service members, veterans and their families. Using the combined resources and expertise from across the government we are advancing services for those who have sacrificed so much for our nation," said Secretary of Defense Chuck Hagel. ([More](#))

## Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison

Public Affairs to take your announcement off once you have found a ride.

## Carpool:

- **Carpool:** Looking for a ride and pay. Flexible work hours are to 6 a.m. – 3:30 p.m. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). Email: [michael.r.braun.civ@mail.mil](mailto:michael.r.braun.civ@mail.mil)
- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.

## Around the Q.C.



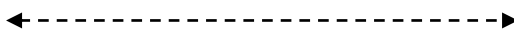
- June 1:** [Mel Foster Color the Quads 5K](#) (Cumberland Square, Bettendorf)
- June 1-2:** [QC Pridefest 2013, Bursting With Pride](#) (Mary's on 2nd, 832 West 2nd Street, Davenport)
- June 7-8:** [Gumbo Ya Ya - Mardi Gras in The District](#) (The District, Rock Island)
- June 8:** [Quad-Cities Comic Book Convention](#) (Ramada Inn, Bettendorf)
- June 8:** [Quad Cities Cruisers Open Run Car Show](#) (SouthPark Mall, Moline)
- June 8:** [Ride for Life](#) (Women's Choice Center, 2711 Happy Joe Drive Bettendorf)
- June 12-15:** [Rally on the River](#) (Centennial Park, Davenport)

- June 14:** [Greek Cultural Festival](#) (Assumption Greek Orthodox Church, East Moline)
- June 15:** [Pioneer Living Day](#) (COL Davenport House)
- June 16:** [Ride the River Bike Ride](#) (Davenport to Moline)
- June 16:** [Ride the River Lunch Stop](#) (COL Davenport House)
- June 22:** [Royal Ball Run 5K and Fun Run for Autism](#) (Milan Community Center)
- June 22-23:** [27<sup>th</sup> Annual Quad City Air Show](#) (Davenport Municipal Airport)
- June 23:** [Blossoms at Butterworth](#) (Butterworth Center, Moline)
- June 24:** [YSB-Whitey Verstraete Memorial Golf Outing](#) (Pinnacle Country Club, Milan, Ill.)
- June 25-29:** [Rock Island County Fair](#) (Fairgrounds, East Moline)
- June 27-29:** [Antique Automobile Club of America Grand National Show](#) (John Deere Commons, Moline)
- July 3:** [Red, White & Boom!](#) (The District, Downtown Davenport)
- July 4-6:** [Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)
- July 5-21:** [Countryside Community Theatre Les Misérables](#) (North Scott High School Auditorium in Eldridge)
- July 8-14:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)
- July 13:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
- July 19-21:** [USA BMX National Championships](#) (East Moline BMX Speedway)
- July 19-20:** [Heartland Jam](#) (Centennial Park, Downtown Davenport)
- July 26-27:** [Downtown Street Fest](#) (Downtown Davenport)



**July 27:** [Bix 7 Run/Walk](#) (Downtown Davenport)  
**July 30-Aug. 4:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)  
**Aug. 1-4:** [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park and RiverCenter)  
**Aug. 8-10:** [Tug Fest](#) (LeClaire, Iowa and Port Byron, Ill.)  
**Aug. 9-10:** [Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 10:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Aug. 10-17:** [ISC Men's Fastpitch World Tournament](#) (Greenvalley Sports Complex, Moline)  
**Aug. 16-17:** [River Roots Live](#) (Downtown Davenport)  
**Aug. 17:** [Floatzilla](#) (Sunset Marina, Rock Island)  
**Aug. 24:** [Quad Cities Irish Festival](#) (Rock Island)  
**Aug. 22-25:** [World Series of Drag Racing](#) (Cordova Dragway)  
**Aug. 31-Sept. 1:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 7:** [Case Creek Obstacle Survival 5K Run](#) (Coal Valley, Ill.)  
**Sept. 7:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Downtown Davenport)  
**Sept. 7:** [¡VIVA! Quad Cities](#) (Isle Casino Hotel Bettendorf)  
**Sept. 7-8:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 14:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Sept. 21:** [Brew Ha Ha](#) (LeClaire Park, Davenport)  
**Sept. 21:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)

**Sept. 21-22:** [Riverssance Festival of Fine Arts](#) (Village of East Davenport)  
**Sept. 22:** [Quad Cities Marathon](#) (Downtown Moline)  
**Sept. 27-29:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Oct. 5:** [Inaugural Milan Fireworks Fun d Run](#) (Camden Park, Milan)  
**Oct. 12:** [Trinity Quad Cities Classic Regatta](#) (On the Mississippi River in Moline)  
**Oct. 12:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Oct. 24:** [Fright Night](#) (The District, Rock Island)  
**Oct. 26:** [Witches Walk](#) (Downtown LeClaire)  
**Oct. 26:** [Lagomarcino's Cocoa Beano 5K Race](#) (Sylvan Island)  
**Oct. 26-27:** [Boo at the Zoo](#) (Niabi Zoo, Milan)  
**Nov. 15-24:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 16:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 16:** [Lighting on the John Deere Commons and Holiday Pops Concert](#) (Downtown Moline)  
**Dec. 1:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)



## Island Insight



**Joel Himsl**, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

*The Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical*

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